

Is Jesus the Parakletos?

Jesus and John Agree on the Answer

When Jesus tells His disciples He is leaving, He promises them a *parakletos*. The word carries the weight of several English translations — **Comforter, Advocate, Helper** — all of them pointing to someone called alongside a person in need.

In [John 14:16-18](#) Jesus says the *Parakletos*{*Comforter*} will "abide with you for ever" and that "ye know him; for he dwelleth with you, and shall be in you. I will not leave you comfortless: I will come to you."

Then, in [verse 26](#) He names this Parakletos directly: "*the Holy Spirit*". Then John writes this in his first letter: "*If anyone sins, we have a Parakletos with the Father — Jesus Christ the righteous.*" ([1 John 2:1](#))

The same Greek word. In [John 14:26](#), **Jesus says the Parakletos is the Holy Spirit**. In [1 John 2:1](#), **John says the Parakletos is Jesus Christ**. That is not a riddle requiring outside theology to solve — **Jesus is the Holy Spirit**.

For A Deeper Study:

A more-complete study on the Parakletos => <https://sidnash.org/docs/parakletos.html>

Regarding the phrase "another Parakletos/Comforter", see my word study on "allos" => <https://sidnash.org/docs/allos.html>

"if I depart, I will send him" -- the Parakletos/Comforter => <https://sidnash.org/docs/ComforterSent.html>

For My SDA Friends: Ellen agrees:

"It is not safe to catch the spirit from another. We want the Holy Spirit, which is Jesus Christ..." -Ellen White, Lt66-1894

"The reason why the churches are weak and sickly and ready to die is that the enemy has brought influences of a discouraging nature to bear upon trembling souls. He has sought to shut Jesus from their view as the Comforter..." -Ellen White (RC 21)

"There is no comforter like Christ, so tender and so true. He is touched with the feeling of our infirmities..." -RH, October 26, 1897, par. 15

Compiled by [Sid Nash](#) — *Desiring to live by every word that comes from the mouth of Jehovah* ([Deut8:3](#); [Matt4:4](#)). Version date: 08/22/2026 Latest version: <https://sidnash.org/docs/JesusParkletos.html>
