

# Christ In Us

Video version => [https://youtu.be/PtJTSEwag\\_o](https://youtu.be/PtJTSEwag_o)

[John 6:53-54](#) Then Jesus said unto them, Verily, verily, I say unto you, Except ye **eat the flesh of the Son of man, and drink his blood**, ye have **no life in you**. 54 Whoso eateth my flesh, and drinketh my blood, **hath eternal life**; and I will raise him up at the last day. ...

- **If we eat Jesus' flesh and drink His blood**, we certainly will have **Jesus in us**, right? As a result, we will have "eternal life" **in us**. If we eat carrots, we will have carrots **in us**, right? As a result, we will have health benefits **in us**. **Same idea...** Of course, soon after this Jesus said that it is **His words** that He speaks to us **that we need to eat**, rather than His flesh(vs. 63). As a result, we have His words **in us** which means that we have "eternal life" **in us**([Jn6:54,63,68](#)). I believe this principle, spoken by Jesus Himself, is the basis for all the following verses about Christ(His words) living His life **in us**. Maybe it would be easier for us to think of it as Jesus living His life **through us**.

[Philippians 2:5](#) Let **this mind** be in you, which was also in Christ Jesus:

- **If we continue to assimilate Christ words into our minds, more and more, we will have the mind of Christ and we can say, with Paul, "I have been crucified with Christ; and it is no longer I that live, but Christ(His mind/spirit) living in me(see [Col1:27](#)): and that life which I now live in the flesh(my own flesh) I live in faith, the faith which is in the Son of God, who loved me, and gave himself up for me(in His own flesh. See [1Pet3:18](#))."([Gal2:20](#))**

[John 17:20-21](#) Neither pray I for these alone, but **for them also which shall believe on me through their word**; 21 **That they all may be one; as thou, Father, art in me, and I in thee, that they also may be one in us**: that the world may believe that thou hast sent me.

- **Notice how it is that the Father and Son are one**: It is because they are **in each other**.
  - **How is it that Father & Son are in each other?** Remember that **Jesus' words** are both **spirit** and **life eternal**([Jn6:54,63,68](#)).
    - **Notice where Jesus gets His words of eternal life** => "He that rejecteth me, and receiveth not **my words**, hath one that judgeth him: **the word that I have spoken**, the same shall judge him in the last day. For **I have not spoken of myself**; but the Father which sent me, he gave me a commandment, what I should say, and what I should speak. And I know that his commandment is life everlasting: **whatsoever I speak therefore, even as the Father said unto me, so I speak.**"([John12:48-50](#))
    - **Notice how John the Baptist shows us the connection between the words and the spirit, in agreement with Jesus in [Jn6:63](#)** => "For he[Christ] whom God hath sent **speaketh the words of God: for God giveth not the Spirit by measure unto him**. The Father loveth the Son, and hath given all things into his hand. He that believeth on the Son hath everlasting life: and he that believeth not the Son shall not see life; but the wrath of God abideth on him." -John the baptist, [John 3:34-36](#)
      - **Why is it that Christ has the "words of God"?** It is because His Father gives "**the Spirit**" to Christ, without measure. Just as Jesus equates His words with the spirit, so does John the Baptist.
  - **How is it that we can be one with each other and be one with the Father & Son?** It the same way that they are one. It is all about **the words of God, given to His Son** that are recorded in the Holy Bible. **The more we assimilate(eat) the words of Jesus, the more we are one** with each other and one with Jesus and His Father.

[John 17:22,23,26](#) And the glory which thou gavest me I have given them; that they may **be one, even as we are one**: 23 **I in them, and thou in me, that they may be made perfect in one**; and that the world may know that **thou hast sent me**, and hast loved them, as thou hast loved me... 26 And I have declared unto them thy name, and will declare it: that the **love** wherewith thou hast loved me **may be in them, and I in them**.

- **"I in them"**? That's Christ in us. Why? Because we eat Christ's words!
- **"thou in me"**? That's God in Christ. Why? Because Christ eats His Father's words!( [Jn12:49-50](#) )

[Romans 8:9](#) But ye are ... **in the Spirit**, if so be that the **Spirit of God dwell in you**. Now if any man have not the **Spirit of Christ**, he is none of his.

- **Notice that Paul equates the "Spirit of God" with the "Spirit of Christ"**. Why? It is because Father God gave "**the Spirit**", which is His words, to Christ, without measure([John 3:34-36](#)), as we saw before.

[Romans 8:10](#) And if **Christ**[His words (Jn6)] **be in you**, the body is dead because of sin; but **the Spirit is life** because of righteousness.

- **How is it that "the Spirit is life"?** Because the **words** of Jesus are **spirit** and **life everlasting**([Jn6:63,68](#)).

[Romans 8:11](#) But if the **Spirit of him**[Father God] that raised up Jesus from the dead **dwell in you**, he that raised up Christ from the dead shall also [give life to] your mortal bodies by his[Father's] **Spirit that dwelleth in you**.

- **Did Father God raise Jesus?** At least 19 Bible verses say so => <https://sidnash.org/docs/WhoRaisedJesus.html>
- **How is it that Father's Spirit gives life eternal life to us?** Father gave His spirit/words to Jesus without measure([Jn3:34-36](#)) and as we "eat" those words([Jn6:54,63](#)), we are assimilating the words of eternal life([Jn6:63,68](#)) into our minds.
- May we have eternal life now? => <https://sidnash.org/docs/NeverDie.html>

[1 Corinthians 3:16](#) Know ye not that **ye are the temple of God**, and that **the Spirit of God dwelleth in you**? 17 **If any man defile the temple of God, him shall God destroy**; for the temple of God is holy, which temple ye are.

- Does "**the Spirit of God [dwell] in you**"? We need the words of God, as given to His Son, to dwell in us - in our **minds**. - "**the temple of God**".
  - [Philippians 2:5,13](#) Let this **mind**(from which the words of Christ proceed) **be in you**, which was also in Christ Jesus: ... 13 For it is God who **works in you** both to will and to do of his good pleasure.

[2 Corinthians 13:5](#) Examine yourselves, whether ye be in the faith; prove your own selves. Know ye not your own selves, how that **Jesus Christ**[His word] **is in you, except ye be reprobates**?

- [Romans 1:28](#) And even as they did not like to **retain God in their knowledge**, God gave them over to a **reprobate** mind, to do those things which are not convenient;
- Do you see the importance of the **knowledge of God**? See: <https://sidnash.org/docs/KnowGodImport.html>

[Galatians 1:15-16](#) But when it pleased **God**, who separated me from my mother's womb, and called me by his grace, 16 To **reveal his Son in me, that I might preach him** among the heathen; immediately I conferred not with flesh and blood:

- **How could Paul "preach him"** if he hadn't already been assimilating **God's Son's words** into his **mind**? Isn't that HOW Paul revealed **God's Son in him**?

[Galatians 2:20](#) "... **Christ living in me**..." (already discussed in previous section and in [John 6:53,54,63,68](#))

[Galatians 4:6](#) And because ye are sons, God hath sent forth the **Spirit of his Son into your hearts**[minds], crying, Abba, Father.

- **Remember** that His **words** are His **spirit**([Jn3:34-35;6:63](#))
- See Rev1:1-3 for the path of communication: **Father** => **Son** => **angel** => **man**. Also found in Gen28:12-13; Jn1:51

[Colossians 1:27](#) To whom God would make known what is the riches of the glory of this mystery among the Gentiles; which is **Christ in you, the hope of glory**:(eternal glory/life)

[Colossians 3:16](#) **Let the word of Christ dwell in you** richly in all wisdom; teaching and admonishing one another in psalms and hymns and spiritual songs, singing with grace in your hearts to the Lord.

- Truly, this is "**Christ in you**" by His holy spirit.

[Philippians 1:6](#) Being confident of this very thing, that **he which hath begun a good work in you** will perform it until the day of Jesus Christ:

- **Who is it** that "hath begun a **good work in you**"? "... **it is God who worketh in you** both to will and to work, for his good pleasure." ([Philippians 2:13](#))

[John 14:6,16,17,18,20](#) **Jesus saith unto him, I am** the way, and **the truth**, and the life... 16 And I will pray the Father, and he shall give you ... the **Spirit of truth**; whom the world cannot receive, because it sees him not, neither knows him: but **ye know him; for he dwells with you, and shall be in you**. 18 **I will not leave you comfortless: I will come to you**. ... 20 At that day ye shall know that **I am in my Father, and ye in me, and I in you**.

- See discussion above on [John 17:20-26](#)

[Revelation 3:20](#) Behold, I stand at the door and knock: if any man hear my voice and open the door, **I will come in to him**, and **will sup with him, and he with me**.

- Rather than "**come in to him**", this phrase is often read as "**come into him**". **What's the difference**, some may ask =>
  - If we understand it just as it reads, we might say it this way: "**come in the door to be with him**" so we can discuss things over supper.
  - if we change "in to" to "into", it could be understood this way: "**come into(inside of) his body**". If we choose to understand it this way, then we would need to explain how Jesus is going to eat a meal **with "him"** if Jesus is inside of "his" body. I don't know about you, but if I were inside of "his" body, I would be trying to eat my way out! By the way, the **two English words** "in to" were translated from **two Greek words**(not one) "**eisérchomai prós**".
- **One of my favorite authors said**, "Many times these false theories are a jumble of inconsistencies; and if men would use their reason, and take the Bible as it reads, they would see the absurdity of their positions. The plain "Thus saith the Lord," would dispel their errors, as the mist is dispelled by the glories of the rising sun."

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**Now, let's consider the word "abide", meaning "to dwell, rest, continue, stand firm, or be stationary for anytime indefinitely."** (<https://sidnash.org/d/wed/#ABIDE>)

**Strong's Greek Dictionary** G3306; μένω ménō, *men'-o*; **to stay** (in a given place, state, relation or expectancy) **KJV Translation(s)**:-**abide, continue**, dwell, endure, be present, **remain**, stand, tarry (for), X thine own. (all **Teal-colored words** below are all translated from the Greek word ménō and could be translated "**stay**" or "**continue**")

[John 15:4-11](#) **Abide in me**, and I **in you**. As the branch cannot bear fruit of itself, except it **abide** in the vine; no more can ye, except ye **abide in me**. 5 I am the vine, ye are the branches: He that **abideth in me**, and I **in him**, the same bringeth forth much fruit: for **without me ye can do nothing**. 6 If a man **abide** not **in me**, he is cast forth as a branch, and is withered; and men gather them, and cast them into the fire, and they are burned. 7 If ye **abide in me**, and **my words abide in you**, ye shall ask what ye will, and it shall be done unto you... 9 As the Father hath loved me, so have I loved you: **continue ye in my love**. 10 If ye keep my commandments, ye shall **abide in my love**; even as I have kept my Father's commandments, and **abide in his love**. 11 These things have I spoken unto you, that my joy might **remain in you**, and that your joy might be full.

- Notice Jesus said, "**my words abide in you**"(vs. 7) - "the **words** that I have spoken unto you are **spirit**, are are **life**"([Jn6:63c](#)).

[1 John 2:13-14](#) I have written unto you, fathers, because ye have known him that is from the beginning. I have written unto you, young men, because ye are strong, and **the word of God abides in you**, and ye have overcome the wicked one...

- Notice that "**the word of God abides in you**"(vs. 14) - The Father's words, His spirit, which He gave to Jesus, "without measure"([Jn3:34-35](#)) can abide "**in you**".

And since "**the word of God abides in you**", "**Ye are of God**, little children, and have overcome them: because greater is he[**Christ**] that is **in you**, than he[satan] that is **in the world**. They are of the world: therefore speak they of the world, and the world heareth them. We are of God: he that knoweth God heareth us; he that is not of God heareth not us. Hereby know we the **spirit of truth**, and the **spirit of error**." ([1 John 4:4-6](#))

- Who/what is the "**spirit of truth**"?
  - [John 14:6](#) **Jesus saith unto him, I am** the way, and **the truth**, and the life: **no one comes to the Father, but by me...** 16 And I will pray the Father, and he shall give you ... the **Spirit of truth**; whom the world cannot receive, because it sees him not, neither knows him: but **ye know him**; for **he dwells with you**, and **shall be in you**. 18 **I will not leave you comfortless: I will come to you**.
- Obviously, Jesus is **truth**. So, His spirit is the "**spirit of truth**". Who then is the "**spirit of error**"? It can't be God or His Son, so it must be **satan** and his spirit is the "**spirit of error**". John then has informed us that, if the word of God abides in us, we are of God, which means that **Christ's spirit is in us**. Likewise, that that "are of the world" have satan's "**spirit of error**" in them. Fortunately, "greater is he[**Christ**] that is **in you**, than he[satan] that is **in the world**."
- **Regarding the Comforter** - English translation of "**parákletos**", you may like this study => <https://sidnash.org/docs/parakletos.html>

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Desiring to live by every word that comes from the mouth of Jehovah ( [Deut8:3; Matt4:4](#) )

-[Sid Nash](#): 07/25/2025. Latest version: <https://sidnash.org/docs/ChristInUs.html>