

Sabbath - Hebrews 4

Verse by Verse with Context

[Hebrews 4:1](#) Let us fear therefore, lest haply, a promise being left of entering into his rest, any one of you should seem to have come short of it.

Context for verse 1

- [Hebrews 4:9,11](#) There remaineth therefore a sabbath rest for the people of God.... Let us therefore give diligence to enter into that rest, that no man fall after the same example of disobedience.

[Hebrews 4:2](#) For indeed we have had good tidings preached unto us, even as also they: but the word of hearing did not profit them, because it was not united by faith with them that heard.

Context for verse 2

- [Hebrews 11:6](#) and without faith it is impossible to be well-pleasing unto him ; for he that cometh to God must believe that he is, and that he is a rewarder of them that seek after him.

[Hebrews 4:3](#) As I sware in my wrath, They shall not enter into my rest: For we who have believed do enter into that rest; even as he hath said, although the works were finished from the foundation of the world.

Context for verse 3

- [Psalm 95:10-11](#) Forty years long was I grieved with that generation, And said, It is a people that do err in their heart, And they have not known my ways: Wherefore I sware in my wrath, That they should not enter into my rest.
- [Hebrews 3:9-12](#) Where your fathers tried me by proving me , And saw my works forty years. Wherefore I was displeased with this generation, And said, They do always err in their heart: But they did not know my ways; As I sware in my wrath, They shall not enter into my rest. Take heed, brethren, lest haply there shall be in any one of you an evil heart of unbelief, in falling away from the living God:

[Hebrews 4:4](#) For he hath said somewhere of the seventh day on this wise, And God rested on the seventh day from all his works;

Context for verse 4

- [Genesis 2:2](#) And on the seventh day God finished his work which he had made; and he rested on the seventh day from all his work which he had made.
- [Exodus 20:11](#) for in six days Jehovah made heaven and earth, the sea, and all that in them is, and rested the seventh day: wherefore Jehovah blessed the sabbath day, and hallowed it.

[Hebrews 4:5-6](#) They shall not enter into my rest. and in this place again, Seeing therefore it remaineth that some should enter thereinto, and they to whom the good tidings were before preached failed to enter in because of disobedience,

Context for verse 5-6

- See [Hebrews 3:9](#) and [Psalm 95:10](#) above again
- [Hebrews 3:18](#) And to whom sware he that they should not enter into his rest, but to them that were disobedient? 19 And we see that they were not able to enter in because of unbelief.
- [Hebrews 4:7](#) To-day if ye shall hear his voice, Harden not your hearts. he again defineth a certain day, To-day, saying in David so long a time afterward (even as hath been said before),

[Hebrews 4:7](#) Again, he limiteth a certain day, saying in David, To day, after so long a time; as it is said, To day if ye will hear his voice, harden not your hearts.

Context for verse 7

- [Psalm 95:7](#) For he is our God, And we are the people of his pasture, and the sheep of his hand. oh that ye would hear his voice! 8 Harden not your heart, as at Meribah, Massah in the wilderness;
 - This is where Jehovah sentenced them to 40 years in the wilderness because of their unbelief.

- [Hebrews 3:7-8,15-16](#) To-day if ye shall hear his voice, Wherefore, even as the Holy Spirit saith, 8 Harden not your hearts, as in the provocation, Like as in the day of the trial in the wilderness,... 15 To-day if ye shall hear his voice, Harden not your hearts, as in the provocation. while it is said, 16 For who, when they heard, did provoke? nay, did not all they that came out of Egypt by Moses?

[Hebrews 4:8](#) For if Joshua had given them rest, he would not have spoken afterward of another day.

Context for verse 8

- "Joshua" and "Jesus" are interchangeable names (same Hebrew word).
- [Deuteronomy 12:9](#) for ye are not as yet come to the rest and to the inheritance, which Jehovah thy God giveth thee.
- [Joshua 22:4](#) And now Jehovah your God hath given rest unto your brethren, as he spake unto them: therefore now turn ye, and get you unto your tents, unto the land of your possession, which Moses the servant of Jehovah gave you beyond the Jordan.
- [Acts 7:45](#) Which also our fathers, in their turn, brought in with Joshua when they entered on the possession of the nations, that God thrust out before the face of our fathers, unto the days of David;

[Hebrews 4:9-10](#) There remaineth therefore a sabbath rest for the people of God. For he that is entered into his rest hath himself also rested from his works, as God did from his.

Context for verses 9-10

- [Exodus 20:10-11](#) but the seventh day is a sabbath unto Jehovah thy God: in it thou shalt not do any work[thou shalt rest], thou, nor thy son, nor thy daughter, thy man-servant, nor thy maid-servant, nor thy cattle, nor thy stranger that is within thy gates: for in six days Jehovah made heaven and earth, the sea, and all that in them is, and rested the seventh day: wherefore Jehovah blessed the sabbath day, and hallowed it.

[Hebrews 4:11-12](#) Let us therefore give diligence to enter into that rest, that no man fall after the same example of disobedience. For the word of God is living, and active, and sharper than any two-edged sword, and piercing even to the dividing of soul and spirit, of both joints and marrow, and quick to discern the thoughts and intents of the heart.

Context for verses 11-12

- [Hebrews 3:18](#) And to whom sware he that they should not enter into his rest, but to them that were disobedient?
- [Jeremiah 23:29](#) Is not my word like fire? saith Jehovah; and like a hammer that breaketh the rock in pieces?
- [Ephesians 6:17](#) And take the helmet of salvation, and the sword of the Spirit, which is the word of God:

[Hebrews 4:13](#) And there is no creature that is not manifest in his sight: but all things are naked and laid open before the eyes of him with whom we have to do.

Context for verse 13

- [Proverbs 15:3](#) The eyes of Jehovah are in every place, Keeping watch upon the evil and the good.
- [Jeremiah 17:10](#) I, Jehovah, search the mind, I try the heart, even to give every man according to his ways, according to the fruit of his doings.

[Hebrews 4:14-16](#) Having then a great high priest, who hath passed through the heavens, Jesus the Son of God, let us hold fast our confession. For we have not a high priest that cannot be touched with the feeling of our infirmities; but one that hath been in all points tempted like as we are, yet without sin. Let us therefore draw near with boldness unto the throne of grace, that we may receive mercy, and may find grace to help us in time of need.

More about the 7th-day Sabbath => <http://sidnash.org/docs/7thDaySabbath.html>

Desiring to live by every word that comes from the mouth of Jehovah ([Deut8:3](#); [Matt4:4](#))

-[Sid Nash](#): 08/12/2023. Latest version: <http://sidnash.org/docs/Hebrews4aboutSabbath.html>